

Cool Kids” 6 Week Fit Camp

Summer 2010 , Ard Kilbride Mini Weather Pitch , Carndonagh

A Camp that enhances athletic ability and increases performance for sport by improving speed, strength, agility, balance, and coordination. Fit Camp teaches kids how to have fun through fitness and improves the fundamental movements necessary for sport and optimal development.

We promote fun, fitness and nutrition through games and play. Packed with lessons on sportsmanship, eating right and exercise, your child will learn what a healthy lifestyle is all about and why it's important.

Child's Name _____
 D.O.B. _____
 Address _____



Health History

Doctor's Name _____
 Phone _____
 Please list all known medication allergies, food allergies and other allergies.

Please list any dietary restrictions:

Are there any chronic health conditions:
 Yes or No (Circle one)
 Is your child taking any medications on a regular basis:
 Yes or No (Circle one)

Is your child currently under physician's care?
 Yes or No (Circle one)
 Would you like a camp official in charge of administering medical aid or medications during camp hours to contact you? Yes or No (Circle one)
 Contact Phone: _____
 Contact Address: _____

Release Form and Emergency Information

Parent or Guardian:

 Home: _____
 Mobile: _____
 Email: _____

Please list others adults you authorize for pick-up:
 Name: _____

Mobile: _____
 Name: _____

Mobile: _____
 Also, no party, other than those listed on this page as "Responsible Party" will be permitted to alter any information in this registration packet including, among other things, the authorization of any party signing out this child.

 Responsible Party Signature
 Date _____
 Date: _____
